

360 PRICES

Personal Training

Master Trainer	£60		
Advanced Trainer	£45	£55 (Twin)	6 Week Programme Review £20
Personal Trainer	£40		
360 Altitude Training	½ hr session £10 or £20 with instructor (Mask £30)		

Sport & remedial massage

Treatment (1 hour)	£45
Treatment (1/2 hour)	£30

Freestyle 360 Gym

	Adults		Children	Student/Senior
	1st	2nd		
Joining fee (Per booking)	£25			
Unlimited gym use	£39	£27	£20	£29
Unlimited gym use + classes	£50	£36	£22	£35
Weekend gym use	£28	£18		£22
Adult week pass	£25			
Student week pass	£12.50			
Pay-as-you-go (Gym/Classes)	£8.50		£8.50	£8.50
Body Control Pilates	£12 (€60 for a block of 6 sessions)			
Yoga	£14 (€72 for a block of 6 sessions)			

For all enquires or to make a booking, call or email...

T: 01386 700039 / info@freestyle360.co.uk

- Monthly membership is for a minimum of 3 months and payable by card.
- Children under 16 years must have parent's consent before using facilities.
- Children under 13 years must be accompanied by an adult.

Celebrating 10 YEARS



Freestyle 360

INDOOR & OUTDOOR GYM